



Scholastic Fencing League

Dear Parents,

The Scholastic Fencing League will offer a virtual fencing program during the 2020/21 school year.

What is the Scholastic Fencing League?

Our mission is to introduce the Olympic sport of fencing to students, grades 1st and up in a safe and fun environment, while promoting the values of character, honor, integrity, strategy and athleticism.

How Does Our Program Work?

Fencing is a sport involving quick thinking, agility, poise and speed. This unique sport develops self-discipline, respect, maturity and good sportsmanship, qualities that carry through to our everyday lives. Fencers learn to solve problems, cope with adversity and take what comes with grace. It is one of the few sports that evens the playing field between size, age, sexes, ethnicity and personality. Our virtual beginner class includes an introduction to the history of fencing, weapons, target areas and fencing technique including footwork and bladework. The virtual program will be conducted over ZOOM and National level coaches will give all participants proper feedback on their form and technique. Progressive classes that build on previous experience and curriculum will be available for fencers that complete the beginner virtual fencing class!



Schedule SFL will hold virtual fencing classes for students in grades 1st and up, on Mondays or Wednesdays from 4 PM to 5 PM. The first class will start September 9th or 14th and we will continue to offer class dates every 6 weeks after. Here is the link to register

<https://www.scholasticfencingleague.com/register1/virtual-fencing-academy/>

Course Fee

The cost for the 6-week session, once per week, is \$69.

Equipment

NO FENCING EQUIPMENT IS NEEDED for the 6 week beginner class. Students should wear athletic shoes and comfortable clothing, such as T-shirts and warm-up or sweatpants. Recommended equipment for this class is a small ball (tennis) or light glove, and something that simulates a sabre such as a small stick, wooden spoon, thin pvc pipe, etc. A workout area that is at least 10 ft X 6 ft. is also recommended.

Registration

Registrations are accepted on a first come - first serve basis. Please register your child at scholasticfencingleague.com. If you have any questions about the program, please contact me at 720-334-3578 or Tom@FencingAcademySport.com.

The ZOOM link for the class will be e-mailed to all registered students, one day prior to start date.

I hope to see your child at our next virtual fencing class.

Thank you.

Tom Strzalkowski
Scholastic Fencing League
scholasticfencingleague.com